





March 2019 PLEASE PUT TRASH OUT ON THURSDAY'S!!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Aquamarine, the birthstone of March, has a rich color, has been a symbol of youth, health and hope. The Aquamarine creates a beautiful accent to spring & summer</p>					<p>1 10:00a-11a Urban League Children's workshop (EL) 2p.m. The Art of Water Coloring (EL)</p>	<p>2 12p-1p: Weekend Helper</p>
<p>3 11:00 a.m. Mass (201) 1:30 p.m. Worship Service (EL) 4:30p-6p Potluck (EL) Organized by TGM Residents</p>	<p>4 9a-10a- Chair Yoga w/ Marna (309) 10:00a- Dierbergs (Bus) 10:30a-11:30a Men's Club (MR)</p>	<p>5 9:30-10:15: Group Exercise (309) 9:30 a.m. – 10 a.m. Blood Pressure Check (GV) 2:00p.m.—Town Hall Meeting (EL)</p>	<p>6 Ash Wednesday 10 a.m. Tai Chi (EL) 9:30a.m- Meet Your Neighbor Breakfast Buffet 11:00a Imposition of Ashes (MR) 2:30p Bible Study(EL) 6:00 p.m. Bingo (EL)</p>	<p>7 9am-10am- Exercise w/ Marna (309) 9:00a-4p Maryville University Students(WL) 2:00p- Walk to Rulers 1:30p- Bookmobile (L)</p>	<p>8 1 p.m. Canasta (WL) 1p-2p Open Systems Healthcare-canvas painting (EL) 2p-3p: Blood pressure check by Gloria in her office 6p-7p: Game Night (EL)</p>	<p>9 12p-1p: Weekend Helper 1:00pm Resident Sing-Along (EL) 3p: STL Blues vs SJ Sharks (WL)</p>
<p>10 <i>Day Light Savings -Turn clocks forward 1 hour</i> 11:00 a.m. Mass (201) 1:30 p.m. Worship Service (EL) 4:30p-6p Potluck (EL) Organized by TGM</p>	<p>11 9:00a.m. Chair Yoga-309 10 a.m. Schnucks (Bus) 10:30a-11a Pianist Elisabeth (WL) 1:00p-2:00p ID Theft-Regions Bank (EL) 3 p.m. – Resident Council Meeting (MR)</p>	<p>12 <i>Smoke Alarm Check</i> 9a-10:15 Group Exercise (309) 10a- River City Casino Senior Day w/ Lunch (Bus) 1:30p-3:00p Way Cool Balloons (EL)</p>	<p>13 10 a.m. Tai Chi (EL) 1 p.m. Canasta (EL) 2:30p Bible Study(EL) 3:30-4:30p STL Ballroom Dance Academy (EL) 6:00 p.m. Bingo (EL)</p>	<p>14 9:00a-4p Maryville University Students(WL) 9am—10am: Exercise with Marna(309) 10:00a.m- Save-A-Lot (Bus) 6p.m- Book Club (MR)</p>	<p>15 1 p.m. Canasta (WL) 1:00p-4:00p Paparazzi Jewelry w/ Ebony (L) 2p-3p- Blood Pressure Check with Beth 6p-7p: Beer & Club (EL)</p>	<p>16 9:00a-11:00a Pampered by Kelley-Manicures (WL)</p>
<p>17 St. Patrick's Day!! 11:00 a.m. Mass (201) 1:30 p.m. Worship Service (EL) 4:30p-6p Potluck (EL) Organized by TGM Residents</p>	<p>18 TBA: Chair Yoga (309) 10:00a.m-Wal-Mart (Bus) 10:30a-11:30a Men's Club (MR) 1:30p- Trivia with Ron (EL)</p>	<p>19 9am-10:15am- Group Fitness (309) 9:30 a.m. – 10 a.m. Blood Pressure Check (GV) 3:30-4:30- Happy Hour Entertainment w/ Sterling (EL)- DON'T FORGET THE 50/50 DRAWING!!!</p>	<p>20 First Day of Spring 10 a.m. Tai Chi (EL) 1p-3p- Open House, Entertainment by Pianist Tim Moffitt (WL) 1 p.m. Canasta (WL) 2:30p Bible Study(EL) 6:00 p.m. Bingo (EL)</p>	<p>21 9:00a-4p Maryville University Students(WL) 9am-10am- Exercise w/ Marna (309) 10:15a.m. Tour Brooking Park Rehab & lunch @ Cracker Barrel -(Bus) 1:30p- Bookmobile (L)</p>	<p>22 1 p.m. Canasta (WL) 1:30 p.m. – Bingo with Beth (EL) 2p-3p- Blood pressure check by Gloria 6p-7p: Beer & Wine Club (EL)</p>	<p>23 12p-1p: Weekend Helper</p>
<p>24 11:00 a.m. Mass (201) 1:30p.m.-Worship Service (EL) 4:30p-6p Potluck (EL) Organized by Residents 31 11a.m-Mass (201) 1:30p Worship (EL)</p>	<p>25 9a-10a Chair Yoga- 309 10a.m.-Target (Bus) 10:30a-11a Pianist Elisabeth (WL) 2:30p- 3:30 Historically Speaking-"The Adventures of Absalom Grimes"- Civil War Spy</p>	<p>26 9:30am-10:15am- Group Fitness (309) 9:30 a.m. – 10 a.m. Blood Pressure Check (GV) 1:00p Avon Lady-Cheryl (L) 4:45 p.m. Resident Birthday Dinner (MR)</p>	<p>27 10a.m.- Tai Chi (EL) 1p.m.- Canasta (EL) 2:30p Bible Study(EL) 6p.m- Bingo (EL)</p>	<p>28 9:00a-4p Maryville University Students(WL) 9am-10am- Exercise w/ Marna (309) 10a: Walgreen's, Post Office & Bank (Bus) 6p.m.- Book Club(MR)</p>	<p>29 1p.m.- Canasta (WL) 2p- 3p- Blood Pressure Check by Beth 6p-7p: Game Night (EL)</p>	